The Wellington Club

CLUB NEWS

SEPTEMBER 2004

SEPTEMBER

Pat Williams Snooker Tournament
WEDNESDAY 8

Opera Package "Carmen"
THURSDAY 23

Members' & Sons' Dinner
WEDNESDAY 29

OCTOBER

Daylight Saving commences
SUNDAY 3

Movie Package "The Notebook"
TUESDAY 5

Seniors' Lunch
WEDNESDAY 6

Ladies' Luncheon
THURSDAY 7

President's "At Home"
WEDNESDAY 13

Wine Appreciation Dinner with Spy Valley Wines
THURSDAY 21

Annual Members' & Sons' Dinner

with GUEST SPEAKER STUART MCCUTCHEON,
Vice Chancellor Victoria University

The traditional annual dinner for members and their sons, sons-in-law, godsons and grandsons will be held on: ***Wednesday, 29 September 2004.*** This event has been scheduled intentionally later this year in order to spread the busy calendar of Club functions during the month of July.

This presents a great opportunity to put your Club on show to your sons & grandsons introducing them to the convivial atmosphere of Club life. With Stuart McCutcheon as guest speaker, it will certainly be a most interesting and entertaining evening. The Wellington Club is most grateful to Professor McCutcheon for giving his time to come to the Club and Members are very much looking forward to this traditional event at the Club.

Time:
6.30pm
Arrival & Drinks
7.00pm
Dinner
8.45pm approx
Guest Speaker

Cost:
$55.00 per person
Including Drinks, Dinner & GST

Dress:
Black Tie
Evening Dress

- *Make up a table with other members and their sons - there is no limit on how many sons you may invite.*
- *The Club house and its facilities will be open afterward for inspection by your sons, as will be the billiards room for a leisurely game of snooker or billiards.*

toast martinborough

THE ANNUAL WINE, FOOD & MUSIC FESTIVAL

• Sunday, 21 November

Bookings are now open for this popular event. There is no limit on the amount of tickets you can purchase. The Club has been able to secure 148 tickets (two carriages) only; it is therefore recommended to book early in order to avoid disappointment.

The price remains at **$95.00** per ticket and includes:

• Return trip by train to Featherston • Transfer to & from Martinborough • Entry to the festival site • Your commemorative tasting glass & holder • Unlimited shuttle transport between the vineyards

Festival Francs can be purchased on the train and on the festival site. These are not included in the package.

Book early - bookings are taken strictly on a first-come basis.

THE PRESIDENT'S "At Home" Reception & Dinner

• Wednesday, 13 October

6pm - 7pm **- Cocktail Party**
From 7pm onward **- "At Home"**
Dinner with the President

The Club's new President Wybrants (Tim) Olphert invites members and their spouses to the annual At Home reception. Come along to join the President and enjoy traditional Club hospitality. This is a great opportunity to meet up with Members and friends and to meet the other members of the Club Committee. The Cocktail Party will be followed by a supper-style dinner (main course & dessert, coffee/tea) in the Main Dining Room.

Special Invitation:

As it is tradition, the President encourages members to invite the widow or widower of a past Club member to the reception and supper. The Club will meet the cost for these special guests.

Time:
6.00pm
Cocktails & Cocktail Food

Cost:
$25.00 per person

Time:
7.00pm
At Home Dinner including Table Wines

Cost:
$25.00 per person
(If you book for both events, the charge is only $45.00)

Dress:
Jacket & Tie
Evening Wear

THOUGHT – "A breakfast meeting at the Club is a great way to start the day".

PRESIDENT'S COLUMN

During August, as Chairman of two Statutory Authorities, I hosted at the Club a three-day conference for members. We used the Wellington Room on Level 4 as well as the Quadrant Room on L 6. Everyone who attended remarked not only on the superb facilities, but also on the attention to detail by the Club staff. The finger food for lunch each day was outstanding. I ask and encourage Members to consider using the Club for private and business functions. These include weddings, cocktail parties, dinner parties large or small, breakfast meetings, conference or workshop sessions, board meetings or just a game of chess. Talk to Jane Wells, our functions manager, and your requirements will be handled with ease. I have no doubt members will be surprised at what can be offered at extremely competitive rates. Central location is a big plus and the Club does not charge for room hire, when meals are part of those functions.

Our Thursday Theme Evening on 29 July, "Morocco to Mongolia" was a full house. Club Members Peter Travers and Murray Gough gave an excellent presentation of their travels through 10 countries over 8 years with their family and friends. Their power point and video presentation on a massive screen made me feel as if I too was driving their 4x4 vehicles through some of the most difficult but amazing countryside and mountain ranges.

During September some changes will be made to the office area currently occupied by Jane Wells and Kimberley Fisher. The bottle store will close and be incorporated into an enlarged office and reception area for Jane and Kimberley to discuss Members' requirements for functions.

Orders for Members' wine, beer and spirit requirements can be made to our staff as in the past. A comprehensive list of wines and spirits will be maintained by the Club for Members' selection. Monthly specials will continue to be featured in the 'Club News' and on the notice board at level 4.

Our traditional Members' and Sons' Dinner will be held on Wednesday 29 September. It is always popular and a highlight of the Club's calendar. I look forward to welcoming Members, their sons, sons in law, grandsons and godsons to this dinner. An informal game of snooker after dinner is an added reason for not missing this great night.

TIM OLPHERT

CLUB OPERA PACKAGE

CARMEN

by Georges Bizet

• Thursday, 23 September

Venue:
Westpac St James Theatre

Time:
5.45pm
Arrival & Drink
6.15pm
Dinner
7.00pm
Transport to Theatre
7.30pm
Opera
10.30pm Approx.
Return to the Club for Supper

Cost:
$189.00 per person

Dress:
Jacket & Tie
Evening Wear

The world's number-one opera never dims in its fiery appeal. Its music is constantly thrilling, its tragic drama compelling: men are fascinated by Carmen and she knows it. One of them is the soldier Don José, who deserts his lover and throws away his career while under Carmen's spell. But as Carmen tires of him and looks instead to a glamorous bullfighter, she finds herself caught up in a lethal trap of passion.

This is high temperature opera at its finest!

Sung in French with English surtitles.

Members who have their own tickets are encouraged to join the Club package for dinner, transport & supper ($55.00 p.p)

Bookings to this event close on 9 September.

CLUB MOVIE PACKAGE: *Through the generous assistance of Roadshow Film Distributors (NZ), the Wellington Club has been offered an exclusive screening of :*

THE NOTEBOOK (R13)

After the best-selling novel by: ***Nicholas Sparks***

Featuring Ryan Gosling, Rachel McAdams & Academy Award Nominee & Emmy Award Winner James Garner

The Notebook follows the turbulent journey of young lovers Noah Calhoun & Allie Hamilton *(Ryan Gosling & Rachel McAdams)*, who forge a passionate summer romance and, after years of separation caused by class differences and World War II, find themselves unexpectedly reunited. The story of this couple's undeniable love, their obstacles and their passions, are decades later revealed to a woman in a Southern nursing home by a gentleman who regularly visits to read her stories from a mysterious notebook.

Members and their guests are invited for pre-dinner drinks at the Club followed by the "At Home" menu with table wines.

Tuesday, 5 October

Time:
5.45pm
Arrival & Drinks
6.00pm
Dinner
7.30pm
Transport to Reading Cinema No.8
8.00pm
"The Notebook"
10.15pm approx
Return to the Club - No Supper

Cost:
$35.00 all inclusive

Dress:
Jacket & Tie
Evening Wear

Due to the date of screening, this package will only be advertised in this month's newsletter. Please make your booking as soon as possible. Guests, family and friends are most welcome.

NEW COMMITTEE: the club committee for 2004 - 2005 & portfolios

PRESIDENT	W Olphert
VICE-PRESIDENT	E H Abernethy
TREASURER	D C Brown Douglas
FINANCE	D C Brown Douglas, T W Leckie, W Olphert, E H Abernethy
MEMBERSHIP & RECIPROCALS	T W Leckie, K J Thomson, M W Brown, G C Stewart
PROPERTY	I A N Fraser, W Olphert, I D McKinnon
FOOD WINE & FUNCTIONS	G C Stewart, E H Abernethy, I D McKinnon, M W Brown
ART & FURNISHINGS	I D McKinnon, K J Thomson, I A N Fraser
GOLF	T W Leckie
BILLIARD ROOM	K J Thomson
PUBLICATIONS	G C Stewart
RULES-BYLAWS	M W Brown
INFORMATION TECHNOLOGY	D C Brown Douglas
HEALTH & FITNESS	D C Brown Douglas, I A N Fraser

(From left to right) FRONT ROW: W Olphert, E H Abernethy, T W Leckie, G C Stewart | BACK ROW: D C Brown Douglas, M W Brown, K J Thomson, I D McKinnon, I A N Fraser

REMEMBER – "The best venue in Wellington for your family or business function is your Club"

HEALTH & FITNESS CENTRE NEWS

self defence

FOLLOWING THE SUCCESS OF OUR FIRST SELF DEFENCE COURSE HELD IN JUNE/ JULY WE ARE PLEASED TO WELCOME BEN OTANG BACK TO THE CLUB.

This second course will be held once a week and will be structured to give progression and reinforcement of techniques and challenges to both, new participants and those who attended the first course. The class will be informal and tailored for Wellington Club members so that age, physical ability and health condition of participants are taken into account. After 10 weeks participants will be able to do basic blocks and kicks. They will know how to get out of holds and grabs, but most importantly, they will have fun from the challenges given during the course with a sense of achievement along the way. The key elements of this course will be fitness and health through stretching, co-ordination and self defence exercises.

Ben is the principal instructor of Seido Karate at Kaizen Academy Wellington. He currently holds a fifth degree black belt in the World Seido Karate Organisation, has been teaching Seido Karate in Wellington for 20 years, and is highly recommended by an enthusiastic member of the Wellington Club. He is also highly recommended by every person who participated in our first course!

The block course of classes will be held once a week for 10 weeks, **Mondays 6.00pm - 7.00pm,** starting Monday 20 September.

Please book at reception as we need a minimum number of six participants.

Partners are welcome to join in. Cost is $160 for the 10 weeks.

SOUTH ISLAND TRAVELS

This next incentive programme is now well under way having started Monday 16 August with over 40 participants making their way from Picton to Aoraki/Mt Cook in the first stage of the challenge.

Exercise
Wood Chop with Body weight

This is another twisting exercise. Standing with feet apart, hands together and arms straight. Take arms up to one side and put 70% of your body weight onto the bent leg on this side. Imagine duplicating a chopping action by bringing your arms down across your body, rotating your trunk as you shift your weight to your other leg. Keep looking forward and breathe out as you bring your arms down. **Do 15-50 each side.** This exercise can also be done with weight, using a high pulley machine.

WALK IN THE PARK | *spring 2004*

OUR SPRING WALK SERIES IS SET TO START ON • ***Thursday 16 September,*** WITH EACH WALK BOOKED FORTNIGHTLY APART. PUT THE FOLLOWING DATES IN YOUR DIARY:

WALK 1 • Thursday 16 September - Karori Wildlife Sanctuary

1½ - 2 HOUR WALK exploring various tracks within the Wildlife Sanctuary. For those who have been to the Sanctuary in previous years this is a wonderful opportunity to see the ongoing progress of this very special conservation area. This walk is for all levels of fitness and ability (including wheelchair access). Come and enjoy New Zealand's native birds and bush in the heart of Wellington.

MEETING at 10:00am at the Karori Wildlife Sanctuary carpark, the very end of Waiapu Rd, off Glenmore St - Tinakori Rd. Café lunch to follow.

WALK 2 • Thursday 30 September - Tunnel Gully

1½ - 2 HOUR WALK combining two fabulous tracks in this area – Tane's track and Tunnel track. We will be walking through some of New Zealand's stunning native bush as well as forestry tracks and an old railway tunnel. A torch may come in handy for the tunnel!

MEETING at 10:00am at the lower car park. Follow SH2 to Te Marua Golf course. Turn right opposite the golf course where the sign says to Maymourn (dairy on the corner). Travel approximately 100m then turn left onto Plateau Rd. Follow Plateau Rd to the end and continue along metal road past several car park areas till you get to a parking area with an information board. Café lunch to follow.

WALK 3 • Thursday 14 October - Battle Hill

1½ - 2 HOUR LOOP WALK that takes in farmland, native bush, regional history and great views looking down the Horokiri Valley towards Pauatahanui. This walk includes a steady climb to the lookout.

MEETING at 10:00am in the car park by the information boards. Battle Hill Farm Forest Park is 6km from Pauatahanui along the Paekakariki Hill Road. It is well signposted. Lunch at the Pauatahanui Café.

COST: $5 for non-Health & Fitness Centre members, partners/friends, and individual cost of $7 for the Wildlife Sanctuary plus Café lunch costs.

• Please book each walk so that numbers can be catered for and Cafés given prior warning.

WALK 4 • Thursday 28 October | WALK 5 • Thursday 11 November | WALK 6 • Thursday 25 November

Massage | *Do you suffer from neck or back pain? How about tired achy muscles and joints? Having trouble turning your head when backing your car? How about just getting in and out of your car?*

Toni is trained in therapeutic massage for relaxation, neuromuscular therapy for treatment and injury rehabilitation, Bowen Technique – a gentle technique to assist relaxation, trigger point treatment, myofacial release for stretching the facia that holds the muscles, plus gentle joint mobilisation. Combined with the right exercises for strengthening and stretching, massage can be of great benefit to anyone.

You can book your massage through Toni, or at reception when Toni is not in the Club. Prices for massage sessions: $40 for ½ hour, $65 for 1 hour, $90 for 1½ hours

REMEMBER – "You may book your family or business guests into the Club's bedroom accommodation"

WINE NEWS

EXCLUSIVELY FOR CLUB MEMBERS FOR SEPTEMBER:	YEAR	CASE	BOTTLE
KEMBLEFIELD WINEMAKER'S SIGNATURE WINES *These wines are produced with an emphasis on fruit flavours for an everyday, drink now style of wine. All wines in this range are made from 100% estate grown fruit.*			
Chardonnay Yellow in colour with a green edge, this wine has green mango and grapefruit aromas with similar characters on the palate. All this combined with a touch of butter and toasty oak give a rich wine with a lingering finish.	2004	$154.20	$12.85
Sauvignon Blanc With passionfruit and capsicum aromas, this wine has ripe tropical fruit flavours combined with a hint of gooseberry and citrus. A full flavoured Sauvignon with lively acidity and a lengthy finish.	2004	$154.20	$12.85
Cabernet Sauvignon Merlot This wine has lots of fruit emphasis with berries and plums combined with delicate savoury characters and fine tannins. It can be enjoyed now or cellared for a moderate length of time.	2002	$154.20	$12.85
The following great value Club House Wines are also always available:			
Shingle Peak Marlborough Sauvignon Blanc		$190.20	$15.85
Grant Burge Barossa Vines Shiraz		$181.20	$15.10

Remember that you can also purchase all your spirits and beer from your Club. Delivery can be arranged. Allow 7-10 days for availability. Return the enclosed order form.

Chess at the Club

On the last Tuesday of each month, members with an interest in chess gather in the Club. The next challenging Chess evening is on :

28 September, 2004

Please register your interest with the Club Office, phone 472 0348.

Time:
6.15pm
Drinks & dinner, followed by chess & supper
Cost:
$32.50 per person
Dress:
Jacket & Tie

Smokefree Legislation:

In view of the upcoming "Smokefree Environments Amendments Act 2003" on 10 December 2004, the Committee resolved to modify By-law 9 (Smoking) as follows:

"Until 9 December 2004 smoking is only permitted in the Wellington Room (level 4) & the Ante Room (level 5). From and including 10 December 2004 smoking is not permitted anywhere within the Club."

wine appreciation

SPY VALLEY WINES, MARLBOROUGH

Not only a unique name, but also unique and outstanding wines will be featured on:

• ***Thursday, 21 October***

More details will be supplied in next month's newsletter.

REMEMBER: you do not need to know anything about wine to enjoy these evenings.

They are a great opportunity to acquaint yourself with some of New Zealand's best!

Time:
6.30pm
Arrival & Tasting
7.15pm
Dinner with Spy Valley
Cost:
$55.00 per person
Dress:
Jacket & Tie
Evening Wear

Make up a party of family, other Club members, colleagues or friends. Requests for special seating arrangements will be accepted. Please phone Jane Wells or Kimberley Fisher with your booking now on 472 0348.

Christmas at the Wellington Club

It might well be a while away, but making plans for this year's Christmas celebrations should be done now to avoid the rush and to ensure your Club is available for the preferred day of your function. The Club can cater for:

- Office Breakfasts (including Champagne Breakfast)
- Luncheons (limited numbers)
- Cocktail Parties
- Small Dinner Parties - set menu
- Large Dinner Parties optionally with Dine & Dance - set menu or buffet
- Saturday Functions (conditions apply)

To help you with your choice of venue and menus, please find enclosed in this mail-out some menu suggestions. For any further inquiries please contact the Club's Functions Manager Jane Wells, who will be happy to assist you with ideas and the professional planning of your function.

AND REMEMBER: The Club does not charge room hire at any of those functions.

OCTOBER (continued)

Labour Day
- Club Closed -
MONDAY 25

NOVEMBER

Seniors' Lunch
WEDNESDAY 3

Ladies' Luncheon
THURSDAY 4

Toast Martinborough
SUNDAY 21

Combined Services Dinner (t.b.c.)
TUESDAY 23

Staff: Club Secretary/ Manager Juergen Sparrer will be visiting Germany and Italy in September and returning to the Office on 11 October. During his absence, all specific inquiries should be directed to Office Manager Pam McGill or the Functions Manager Jane Wells. Lenore Simmonds has accepted to stay at reception until the end of the year as Pam McGill's Assistant during the upcoming busy pre-Christmas period.

Ladies' Luncheon

Every first Thursday of the month women members meet for lunch. Please make a note in your diary for:

Thursday, 7 October 2004, 12.30 for 1.00pm

Senior Members' Lunch

The next monthly luncheon for senior members (65 years and over) will be held on:

Wednesday, 6 October 2004, 12.00 for 12.40pm

Guests of members are welcome.

The Wellington Club

88 The Terrace
P O Box 10 -129
Telephone 04 472 0348
Facsimile 04 472 2475
Wellington, New Zealand
e-mail
info@wellingtonclub.co.nz
web site
www.wellingtonclub.co.nz

REMEMBER – "Fine dining on level 6 – an exceptional experience at the Club".

The Wellington Club

PO BOX 10 129, TELEPHONE 472 0348, FACSIMILE 472 2475, WELLINGTON

RSVP :

"Carmen" Opera Package

on Thursday, 23 September 2004 (Bookings close on 9 September)

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(Member's Name) (Club No.) (Places/Tickets) (Telephone)

RSVP :

Members' & Sons' Dinner

on Wednesday, 29 September 2004

....

(Member's Name) (Club No.) (Places) (Telephone)

RSVP :

"The Notebook" - Movie Package

on Tuesday, 5 October 2004

....

(Member's Name) (Club No.) (Places/Tickets) (Telephone)

RSVP :

President's "At Home"

on Wednesday, 13 October 2004

Cocktails Only:

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(Member's Name) (Club No.) (Places) (Telephone)

Cocktails & Dinner:

....

(Member's Name) (Club No.) (Places) (Telephone)

RSVP :

Wine Appreciation Dinner with Spy Valley Wines, Marlborough

on Thursday, 21 October 2004

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(Member's Name) (Club No.) (Places) (Telephone)

RSVP :

Toast Martinborough

on Sunday, 21 November 2004

....

(Member's Name) (Club No.) (Tickets) (Telephone)

September Wine Specials: Please reserve the following WINE

	YEAR	CASE	BOTTLE	NO.CASES	NO.BOTTLES
KEMBLEFIELD WINEMAKER'S SIGNATURE WINES					
Chardonnay	2004	$154.20	$12.85		
Sauvignon Blanc	2004	$154.20	$12.85		
Cabernet Sauvignon Merlot	2002	$154.20	$12.85		
Shingle Peak Marlborough Sauvignon Blanc		$190.20	$15.85		
Grant Burge Barossa Vines Shiraz		$181.20	$15.10		

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(Member's name) (Club No.) (Telephone)