



# The Wellington Club

# CLUB NEWS

OCTOBER 2004

## DIARY DATES

### OCTOBER

SENIORS' LUNCH  
WEDNESDAY 6

LADIES' LUNCHEON  
THURSDAY 7

PRESIDENT'S  
"AT HOME"  
WEDNESDAY 13

WINE APPRECIATION  
DINNER  
WITH  
SPY VALLEY WINES  
THURSDAY 21

LABOUR DAY  
- CLUB CLOSED -  
MONDAY 25

### NOVEMBER

SENIORS' LUNCH  
WEDNESDAY 3

LADIES' LUNCHEON  
THURSDAY 4

TOAST MARTINBOROUGH  
SUNDAY 21

COMBINED SERVICES  
DINNER  
(T.B.C.)  
TUESDAY 23

## THE PRESIDENT'S "AT HOME" RECEPTION & DINNER

• *Wednesday, 13 October 2004*

6.00pm - 7.00pm - **Cocktail Party**

From 7.00pm onward - **"At Home" Dinner  
with the President**

The Club's new President, Wybrants (Tim) Olphert, invites members and their spouses to the annual At Home reception. Come along to join the President and enjoy traditional Club hospitality.

This is a great opportunity to meet up with members and friends and to meet the other members of the Club Committee. The Cocktail Party will be followed by a supper-style dinner (main course & dessert, coffee/tea) in the Main Dining Room.

### SPECIAL INVITATION:

Following tradition, the President encourages members to invite the widow or widower of a past Club member to the reception and supper. The Club will meet the cost for these special guests.

Time:

6.00pm  
Cocktails &  
Cocktail Food

Cost:

\$25.00 per person

Time:

7.00pm  
At Home Dinner  
including Table Wines

Cost:

\$25.00 per person  
(If you book for both events,  
the charge is only \$45.00)

Dress:

Jacket & Tie  
Evening Wear

## *toast martinborough*

## THE ANNUAL WINE, FOOD & MUSIC FESTIVAL

• *Sunday, 21 November 2004*

A strong demand for these tickets has been registered during September for this popular event. The Club still has some tickets available and there is no limit on the number of tickets you can purchase this year. Book now to avoid disappointment.

The price remains at **\$95.00** per ticket and includes:

- Return trip by train to Featherston
- Transfer to /from Martinborough
- Entry to the festival site
- Your commemorative tasting glass and holder
- Unlimited shuttle transport between the vineyards

Festival Francs can be purchased on the train and at the festival site. These are not included in the package.



- Book early - bookings are taken strictly on a first-come basis.
- Tickets will be mailed to members in November with the exact schedule of the event.

THOUGHT – "A BREAKFAST MEETING AT THE CLUB IS A GREAT WAY TO START THE DAY".

## PRESIDENT'S COLUMN


Membership of our Club provides members with a whole range of services, attractions and opportunities for meeting and making new friends. During August and September I, along with the Committee and Club Trustees, welcomed 30 new Members at our traditional new member cocktail party, together with their sponsors, seconders and partners.

I remember a year or so ago, I came into the Club and noticed a couple sitting on their own. I introduced myself and the response from them was quite superb. They were from England and were staying at our Club through our reciprocal Clubs arrangement. They both wanted to know how we had kept this jewel of a Club hidden for so long! As a friendly gesture, please make guests and new Members feel welcome.

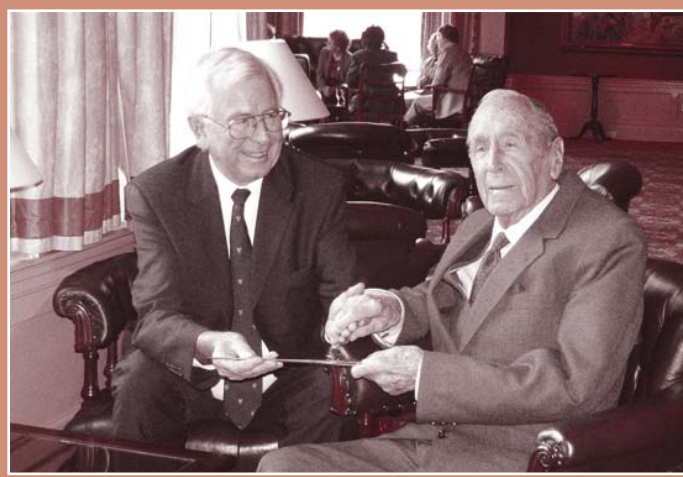
At our Annual General meeting Kelvin Hunter, who joined the Club in 1954, became a life Member. Kelvin expressed a wish to present to the Club two sterling silver meat skewers, dated 1809. Kelvin, Tom Leckie and I had lunch together and the photograph of the presentation appears in this newsletter. We had a great lunch enjoying Kelvin's reminiscences of Club life over the past 50 years. That is all part of being a Member. Thank you Kelvin. Your gift is now displayed with the Club's silver in the ante room.

The wine appreciation evening on Thursday 21 October will feature Spy Valley wines with Club Member Bryan Johnson and his team. This relatively new but award-winning vineyard is already producing some outstanding wines. As with last month's wine evening with Allan Scott wines, early booking is essential. Our chefs really go out of their way to match food with the different wines offered. I anticipate an informative and enjoyable evening.

I look forward to the President's "At Home" on Wednesday 13 October. Traditionally, widows and widowers of former Members attend as guests of the Club. I encourage Members to invite any such friends to the cocktail party, followed by a two-course dinner. We might even have a surprise or two for those attending.



Tim Olphert



Tim Olphert & Kelvin B. Hunter

Recently elected Life Member Kelvin B. Hunter is seen here presenting to the Wellington Club a set of antique Sterling Silver matched skewers, manufactured by Wm Elery, Wm Fearn and Wm Chawner, London 1809, George III.

Club President Tim Olphert accepted this generous gift and thanked Mr Hunter on behalf of all Club members. Once an appropriate presentation box is made, the silver skewers will be on display in the Ante Room.

### wine appreciation

## SPY VALLEY WINES, MARLBOROUGH

Not only a unique name, but also unique and outstanding wines will be featured on:

• **Thursday, 21 October**  
**at 6.30pm for 7.15pm**

WINEMAKER Ant McKenzie and Spy Valley's General Manager Blair Gibbs will be in attendance to introduce their new release and answer questions you might have about these wonderful wines.

The Wellington Club is grateful to owner and Club member Bryan Johnson for presenting his wines to the membership.

REMEMBER: you do not need to know anything about wine to enjoy these evenings. They are a great opportunity to acquaint yourself with some of New Zealand's best!

Make up a party of family, other Club members, colleagues or friends. Requests for special seating arrangements will be accepted. Please phone Jane Wells or Kimberley Fisher with your booking now on 472 0348.

## RESULTS FROM THE 2004 PAT WILLIAMS SNOOKER TOURNAMENT

With 50% of the Club's snooker tables being refurbished, this year's competition was something special to look forward to, as a clear improvement of the playing conditions was expected. The winners of the evening were:

PAT WILLIAMS TROPHY:	P O E Udden & M J Gleeson
RUNNERS UP:	G B Christie & M C Radford
PLATE WINNERS:	A C Davis & A R Tait
RUNNERS UP:	R Weir & P J Quinn

Thank you to everyone who took part in this event.

## ANNUAL COMBINED SERVICES DINNER

• **Tuesday,**  
**23 November 2004**  
**at 19.00 for 19.30 hours**

with  
CHIEF OF AIRFORCE,  
AIR STAFF  
AIR VICE-MARSHAL  
**J.H.S HAMILTON**  
- as Guest Speaker -

Air Vice-Marshal John Hamilton enlisted in the Royal New Zealand Air Force in 1971. After completing a Bachelor of Science degree he commenced his pilot training in 1974. The majority of his flying career was spent at the controls of the Iroquois helicopter. Air Vice-Marshal Hamilton has held various Command & Staff appointments prior to being appointed Chief of Air Force in 2002.

Air Vice-Marshal Hamilton was appointed a Member of the Most Loyal Victorian Order in 1981, and an Officer of the New Zealand Order of Merit in the New Years List 2001.

Members are urged to invite other Service and ex-Service friends and colleagues as their guests. As this is a regular Club function, members are also encouraged to bring along their spouses, friends and colleagues. Neither members nor guests need to be part of the Armed Forces. This is the last Formal Dinner for the calendar year and the Club is the ideal venue for such a prestigious function.

Requests for special seating arrangements will be accepted. Please phone Jane Wells or Kimberley Fisher with your booking now on 472 0348.

**Time:**  
7.00pm  
Arrival & Drinks  
7.30pm  
Formal Dinner  
9.00pm  
Address by  
Club Member  
J.H.S Hamilton  
10.15pm  
Conclusion

**Cost:**  
\$55.00 per person

**Dress:**  
Mess Kit, or Black Tie  
with Decorations,  
Evening Wear

# HEALTH & FITNESS CENTRE NEWS

## WALK IN THE PARK

*spring 2004* | WITH EACH WALK BOOKED FORTNIGHTLY APART. PUT THE FOLLOWING DATES IN YOUR DIARY:

### WALK 3 • Thursday 14 October - Battle Hill

*1½ - 2 HOUR LOOP WALK* that takes in farmland, native bush, regional history and great views looking down the Horokiri Valley towards Pauatahanui. This walk includes a steady climb to the lookout.

**MEETING** at 10:00am in the car park by the information boards. Battle Hill Farm Forest Park is 6km from Pauatahanui along the Paekakariki Hill Road. It is well signposted. Lunch at the Pauatahanui Café.

*The second half of this series has slightly longer walks, taking us into more of the region's beautiful bush and up onto the stunning view sites. I highly recommend good walking shoes or hiking boots, plus a ski pole or walking stick for these walks.*

### WALK 4 • Thursday 28 October - Otari Wilton's Bush

*2 - 2½ HOUR WALK* through beautiful native bush, hills and bush tracks. Otari-Wilton's bush is one of New Zealand's very special places, with more than 80 hectares of native forest and the largest botanical collection of native plants in New Zealand. The track consists of easy level paths as well as steeper bush tracks.

**MEETING** at 9:30am in the main car park off Wilton Road (between Gloucester & Warwick Streets).

### WALK 5 • Thursday 11 November - Butterfly Creek, Eastbourne

*2 - 2½ HOUR WALK* climbing to the ridgeline behind Eastbourne (great harbour views!), then dropping into the forest-filled valley behind and following Butterfly Creek, through native beech forest. Another 'MUST DO' walk.

**MEETING** at 9:30am at the Muritai Park entrance (between 259 & 261 Muritai Rd, Eastbourne).

### WALK 6 • Thursday 25 November - Kaitoke to Te Marua

*3 - 3½ HOUR WALK* from Kaitoke, over the Ridge Track to Te Marua. We will take a packed lunch with us for this walk and stop to eat at one of the spectacular view sights. This walk would be similar to the Kapiti Island walk in distance, path and hill.

**MEETING** at 9.30am at Te Marua Park. We will then take cars or a van to the Kaitoke entrance.

**COST:** \$5 for non-Health & Fitness Centre members, partners/friends, and individual cost of \$7 for the Wildlife Sanctuary plus café lunch costs.

• Please book each walk so that numbers can be catered for and cafés given prior warning.



## EXERCISE | SLOW WALK

*This exercise works on posture, balance, coordination, correction of movement, breathing and relaxation.*

Start by standing with a good posture, spine lengthened to make yourself as tall as possible, shoulders rolled back but with arms relaxed by your side, chin tucked in and belly button drawn gently towards your spine. Now lift the knee taking one foot up and forward, at the same time taking your opposite arm forward. Breathe in as you step forward and out as you take your weight on that foot. Repeat with the opposite side. The key is to keep moving but as slowly as you can, staying as relaxed as you can.

Aim for 5 - 10 minutes daily. For a greater challenge try this exercise with your eyes closed!

## SOUTH ISLAND TRAVELS

As I write this, Terence Brandon, Matthew Beattie and Den Hayden have each reached Aoraki/Mt Cook, completing the first stage of the challenge. There are several participants hot on their heels; then the main group is working steadily at their own pace, getting in their regular sessions.

The Health & Fitness Centre has been buzzing with people and activity, and it is wonderful to see the progression in fitness and health.

## MASSAGE

*Do you suffer from neck or back pain? How about tired achy muscles and joints? Having trouble turning your head when backing your car? How about just getting in and out of your car?*

Toni is trained in therapeutic massage for relaxation, neuromuscular therapy for treatment and injury rehabilitation, Bowen Technique - a gentle technique to assist relaxation, trigger-point treatment, myofascial release for stretching the fascia that holds the muscles, plus gentle joint mobilisation. Combined with the right exercises for strengthening and stretching, massage can be of great benefit to anyone.

You can book your massage through Toni or at reception when Toni is not in the Club.

Massage days are Tuesday and Friday 9am - 2pm.

### PRICES FOR MASSAGE SESSIONS:

- \$40 for ½ hour
- \$65 for 1 hour
- \$90 for 1½ hours

# WINE NEWS

EXCLUSIVELY FOR CLUB MEMBERS FOR OCTOBER: YEAR CASE BOTTLE

<b>Te Mata Rymers Change Chardonnay Sauvignon</b> Delightful ripe Hawke's Bay flavours with gentle oak and good balance. This wine is a perfect everyday drinking wine at a superb price. Enjoy as an aperitif or with light style foods.	2003	\$113.40	\$9.45
<b>Crossroads Destination Series Riesling</b> This is an easy drinking style wine with a nose of orange blossoms. It has good weight and nice ripe fruit. Try this with an Indonesian seafood curry.	2003	\$157.80	\$13.15
<b>Lustau Amontillado Los Arcos</b> A classic Amontillado sherry, full bodied, amber and dry, with delightfully soft nutty flavours. Ideally served at room temperature as an aperitif. It will also suit light soups but can match rich seafood.			\$30.20
<b>Ata Rangī Summer Rosé</b> A blend of Cabernet Sauvignon and Merlot grapes, bottled with a sliver of sweetness. It's a pretty pink fruity wine, fresh and lively with lots of berry fruit. This is a perfect lunchtime wine.	2003	\$194.40	\$16.20
<i>The following great value Club House Wines are also always available:</i>			
<b>Shingle Peak Marlborough Sauvignon Blanc</b>		\$179.40	\$14.95
<b>Burge Barossa Vines Shiraz</b>		\$181.20	\$15.10

Remember that you can also purchase all your spirits and beer from your Club. Delivery can be arranged. Allow 7-10 days for availability. Return the enclosed order form.

## CLUB HANDBOOK 2004

The following six names of members and their year of joining were accidentally left off the membership list:

- 2004 Angus Alexander Davidson
- 2004 Wayne Campbell Eagleson
- 2004 Elspeth Jinny Horner
- 2004 Brooke Anthony Gibson
- 2004 Capt. (Hon) Neville Jordan, CNZM RNZN
- 2004 Robin Blundell Lockie, QSO JP

Club Management sincerely apologises for this omission.

## SMOKEFREE LEGISLATION:

In view of the upcoming "Smokefree Environments Amendments Act 2003" on 10 December 2004, the Committee resolved to modify By-law 9 (Smoking) as follows:

*"Until 9 December 2004 smoking is only permitted in the Wellington Room (level 4) & the Ante Room (level 5). From and including 10 December 2004 smoking is not permitted anywhere within the Club."*

## LADIES' LUNCHEON

Every first Thursday of the month women members meet for lunch. Please make a note in your diary for:

**Thursday, 4 November 2004, 12.30 for 1.00pm**

## SENIOR MEMBERS' LUNCH

The next monthly luncheon for senior members (65 years and over) will be held on:

**Wednesday, 3 November 2004, 12.00 for 12.40pm**

Guests of members are welcome.

## DECEMBER

SENIORS' LUNCH  
WEDNESDAY 1

LADIES' LUNCHEON  
THURSDAY 2

CLUB  
CHRISTMAS DINNER  
(T.B.C.)  
THURSDAY 2

CHILDREN'S  
CHRISTMAS PARTY  
(T.B.C.)  
SATURDAY 4

FOUNDERS' DAY  
THURSDAY 16

CLUB CLOSURE  
AFTER DINNER  
THURSDAY 23

## CHESS AT THE CLUB

On the last Tuesday of each month, members with an interest in chess gather in the Club. The next challenging Chess evening is on:

**26 October, 2004**

Please register your interest with the Club Office, phone 472 0348.

**Time:**  
6.15pm  
Drinks & dinner,  
followed by chess  
& supper

**Cost:**  
\$32.50 per person

**Dress:**  
Jacket & Tie  
Evening Wear

## Christmas at the Wellington Club

THE CLUB STILL HAS VACANCIES FOR MEMBERS' CHRISTMAS EVENTS. WE CAN CATER FOR A WIDE VARIETY OF FUNCTIONS:

- Office Breakfasts (including Champagne Breakfast)
- Luncheons (limited numbers)
- Cocktail Parties
- Small Dinner Parties  
- set menu
- Large Dinner Parties optionally with Dine & Dance  
- set menu or buffet
- Saturday Functions (conditions apply)

For further inquiries please contact the Club's Functions Manager Jane Wells, who will be happy to assist you with ideas and the professional planning of your function.

AND REMEMBER: The Club does not charge room hire at any of these functions.

## THE WELLINGTON CLUB

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P O Box 10 -129

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WELLINGTON, NEW ZEALAND

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**WEB SITE**  
WWW.WELLINGTONCLUB.CO.NZ



# The Wellington Club

PO BOX 10 129, TELEPHONE 472 0348, FACSIMILE 472 2475, WELLINGTON

RSVP :

**PRESIDENT'S "AT HOME"**  
on Wednesday, 13 October 2004

**COCKTAILS ONLY:**

.....  
(Member's Name) (Club No.) (Places) (Telephone)

**COCKTAILS & DINNER:**

.....  
(Member's Name) (Club No.) (Places) (Telephone)

RSVP :

**WINE APPRECIATION DINNER WITH SPY VALLEY WINES, MARLBOROUGH**  
on Thursday, 21 October 2004

.....  
(Member's Name) (Club No.) (Places) (Telephone)

RSVP :

**TOAST MARTINBOROUGH**  
on Sunday, 21 November 2004

.....  
(Member's Name) (Club No.) (Tickets) (Telephone)

RSVP :

**COMBINED SERVICES DINNER**  
on Tuesday, 23 November 2004

.....  
(Member's Name) (Club No.) (Places) (Telephone)

**OCTOBER WINE SPECIALS:** Please reserve the following WINE

	YEAR	CASE	BOTTLE	NO.CASES	NO.BOTTLES
Te Mata Rymers Change Chardonnay Sauvignon	2003	\$113.40	\$9.45		
Crossroads Destination Series Riesling	2003	\$157.80	\$13.15		
Lustau Amontillado Los Arcos			\$30.20		
Ata Rangī Summer Rosé	2003	\$194.40	\$16.20		
Shingle Peak Marlborough Sauvignon Blanc		\$179.40	\$14.95		
Grant Burge Barossa Vines Shiraz		\$181.20	\$15.10		

.....  
(Member's name) (Club No.) (Telephone)