The Wellington Club

CLUB NEWS

NOVEMBER 2008

DIARY DATES

NOVEMBER

MARTINBOROUGH WINE & FOOD FESTIVAL
SUNDAY 16

CHESS
TUESDAY 25

SCOTTISH NIGHT
WEDNESDAY 26

THURSDAY THEME LUNCHEON: RUSSIA: THE FAR EAST/SIBERIA
THURSDAY 27

LAST FRIDAY DRINKS
FRIDAY 28

DECEMBER

SENIORS' LUNCH
WEDNESDAY 3

WOMEN'S LUNCHEON
THURSDAY 4

CHRISTMAS FAMILY CLUB DINNER
TUESDAY 9

FOUNDERS' DAY
TUESDAY 16

CLUB CLOSURE AFTER LUNCH
FRIDAY 19

Scottish Night

Burns Supper

Wednesday 26 November 2008

Come and celebrate the fast approaching end-of-year in style and tradition at the Wellington Club! This will be a night to remember! Keith Tibble of Vintage Wines and Spirits will organise an informal tasting of Premium Whiskies to set the mood. After the tasting, dinner will be served and, of course, the Haggis be piped in together with the Ode and the full ceremony.

All Members and their guests are warmly invited to join this special event and are encouraged, if possible, to wear their traditional Scottish attire. Even if you have no Scottish forebears, you may wish to come along and enjoy a fun-filled evening at the Club!

Time	: 6.30pm Whisky Tasting (other welcome drinks are available) 7.15pm Dinner
Dress	: Scottish National Costume, Jacket and Tie, Evening Wear
Cost	: $80.00 p.p. all inclusive

A special accommodation price of only $150 per room is offered to all Members attending this function and wanting to stay at the Club that night. This is only possible if the Club still has rooms available.

THURSDAY THEME LUNCHEON RUSSIA: THE FAR EAST/SIBERIA

WITH RODNEY RUSS OF *HERITAGE EXPEDITIONS*

Thursday 27 November 2008

In conjunction with Karl Woolcott of Adventure Travel, the Club will host a special Luncheon for Members and guests who would like to hear more about this less-known region in the Russian Federation.

Heritage Expeditions was formed in 1985 as a way of increasing awareness and conservation of the natural world through responsible expedition travel. Its founder Rodney Russ was a biologist working for the New Zealand Wildlife Service. Through his work on Kakapo, Black Robin and other endangered species, he appreciated that, rather than locking wilderness areas away, it was important to share them with people so that they might become "ambassadors" advocating and supporting conservation efforts. He has long held the view that conservation and responsible travel are partners that together can achieve what might otherwise be unachievable.

From those small beginnings the company, which is still family owned, operates its own Polar Research Vessel on expeditions to Antarctica, the Sub-Antarctic, through the Pacific and the Russian Far East.

Seating for this lunch is limited to 30 and early bookings are appreciated. An invitation to attend this special luncheon has been extended by the President to the newly appointed Ambassador of the Russian Federation, H.E. Mr Andrey Tatarinov.

Time	: 11.30am Arrival and Welcome Drink 12.00pm Presentation and Lunch 2.00pm Conclusion
Dress	: The dress code for Level 6 applies Jacket and Tie optional Business Attire
Cost	: $45.00 p.p. all inclusive

Please note that reservations for individual tables cannot be accepted for this function.

Lunch Buffet at the Club

Members are reminded to make extensive use of the Club's full buffet in the Main Dining Room. We offer daily: a homemade soup, a hot dish, a variety of salads, a dessert, cheese and biscuits with coffee and tea. Not to forget Trevor's tailor-made sandwiches with your choice of ingredients. It is simply the best value in town at $12 for Members and $15 for non-Members of the Wellington Club. No reservation is required. Newly joined Members are encouraged to use this excellent facility as it is a very convivial and "clubbable" way to be introduced to and get to know fellow Members in an elegant yet understated environment.

Served Monday – Friday from 12.30pm – 2.00pm

MEMBERS AND THEIR GUESTS CAN SPLIT THEIR LUNCH AND DINNER À LA CARTE ACCOUNTS EVENLY BY USING EFT/POS.

PRESIDENT'S COLUMN

Coat of Arms

The carved Club Coat of Arms is now above the stairs on Level 5. The carver, Paul Deans of Christchurch (son of artist, Austin Deans) has created an artistic work in keeping with the character of the Club. It will be better displayed when the specialist lighting is installed.

Club Functions

Two particularly successful functions have been the Annual "At Home" at which students from Marsden Collegiate School provided outstanding musical items, and the "Emerging Artists with Dame Malvina Major". The Club is particularly grateful to Dame Malvina for providing an evening of outstanding music.

Pat Williams Snooker Tournament

The evening was enjoyed by the participants and the tournament winners were:

Trophy Winners: Martin Gleeson & Graham Valentine

Runners-Up: Arthur Davis & Jim Francis

Plate Winners: Sir William Southgate & Tim Shirtcliffe

Runners-Up: John Aburn & Tom Preston

Defibrillator

The Committee had been considering the provision in the Club of a defibrillator. Matters were brought to a head by the need for a defibrillator at a function during the month. The Committee has resolved to purchase a defibrillator to be available 24 hours per day. Tomas Huppert very generously is donating the full costs of the defibrillator and back-up staff training.

Scottish Night

A highlight of November will be the Scottish Night on Wednesday, 26 November. As with the "Italian Evening", this function will be in demand and Members should book early.

Dan Stevenson, President

Family Christmas Dinner

Tuesday 9 December 2008

Yet another year has almost been and gone and it is time again to mark your diary for this traditional family evening. Members should bring friends and family to enjoy a festive Club event before everything becomes too hectic!

It is planned to designate one person at the head of the table to be the "Patriarch/ Matriarch" slicing chicken and serving it to all guests on his/her table. The Club's chefs will be present and carve as well and be available to assist should this be necessary. Vegetables will be served on platters to which all guests help themselves. Please revisit last month's newsletter where the Chef's Corner details the festive menu.

And as tradition prescribes for such an event, Members and guests will be entertained with Christmas Carols by younger members of the Choir of the Wellington Cathedral of St. Paul under the experienced baton of Club Member Michael Fulcher.

Bookings for individual tables of eight or more are accepted.

Time	:	6.00pm Mulled Wine and Welcome Drinks
		6.30pm Christmas Dinner and Carols
Cost	:	$60.00 per Adult
		$30.00 per Child (10-15 years)
Dress	:	Jacket and Tie, Evening Wear, School Uniform

WINNERS OF THE ANNUAL PAT WILLIAMS SNOOKER TROPHY:

Wednesday 1 October saw the annual tournament being played out. Members enjoyed the games, the dinner and the camaraderie that this evening created.

The night's winners were:

Trophy Winners: Martin Gleeson & Graham Valentine

Runners-Up: Arthur Davis & Jim Francis

Plate Winners: Sir William Southgate & Tim Shirtcliffe

Runners-Up: John Aburn & Tom Preston

Congratulations to all and a big thank you to everybody for entering into this year's tournament again.

LAST FRIDAY DRINKS

Friday 28 November 2008

Note your diary!

This is the year's last 'Friday Drinks' function!

The Committee would especially like to welcome Members who have not attended this function before – it is open to all Members, their friends and guests!

Please advise Jane Wells if you would like to stay for supper as we have recently experienced a very heavy demand on the food – simply because it is of such good quality and value!

Time	:	from 5.00pm onward to 6.30pm approx.
Supper	:	Available from 6.30pm
Venue	:	Members' Bar Level 6
Dress	:	Jacket and Tie optional Tidy Casual (no denims)
Cost	:	Drinks; Supper if requested

Please advise the Secretary Manager if you wish to be added to the e-mail reminder of this function or of any additional names you would like to be included.

The new Club Crest has been installed on the wall above the grand staircase between levels 4 and 5. It radiates a distinguished welcome to all Members and visitors on arrival at level 5. The work was commissioned by the Club and executed by Paul Deans of Christchurch, a distinguished artist who has carved the family crests of former Governors General at Government House. Its solid oak emits a warmth and dignity that incorporates the special character of the Club.

MEMBERS AND THEIR GUESTS CAN SPLIT THEIR LUNCH AND DINNER À LA CARTE ACCOUNTS EVENLY BY USING EFT/POS.

Health & Fitness Centre News

Walk in the Park

Only two walks to go! Our day at Tunnel Gully was beautifully sunny and a walk full of variety from native bush to open park land. Turakirae Head Scientific Reserve saw 19 walkers tackling a strong coastal wind! We even had the group clambering amongst the rocks to see a couple of remaining seals!

Our mid November walk is a little longer with a big climb from Kaitoke to Te Marua, while our final walk is a longer day out, travelling over to the Wairarapa to see the spectacular Pinnacles (location used in the 3rd *Lord of the Rings* movie).

Walk 5: Thursday 13 November – Kaitoke to Te Marua (Twin Lakes)
3-3½ hrs – moderate/challenging hilly.
Meeting 9.00am Te Marua end of walk.

Walk 6: Thursday 27 November – The Pinnacles – Wairarapa 2-3 hrs – moderate walk. Full day event meeting for coffee/tea 9.30am at The Wine Centre, Martinborough for 10am departure to start of walk.

Good walking/hiking shoes are important for these final walks, as are walking poles and a wind/rain jacket (just in case!). Please book at reception so I can organise transport for the Twin Lakes walk, enough cups for hot drinks, as well as for booking cafés.

Self Defence Fitness Classes

Our Tuesday afternoon class has just started another 8 week block, continuing to work on muscle strength, flexibility, aerobic fitness, balance, speed, movement combinations and self defence techniques.

Instructor	:	Ben Otang (6th dan Seido Karate instructor)
Classes	:	Tuesdays: 1.30–2.30pm (high intensity class)

Let Toni know if you are interested in joining.

Lat Pulldown – Mid Row Machine

Exercise Machine 4

This machine gives two exercise options, working the back and back of the shoulders and biceps. This month we will look at two Lat Pulldown exercises and next month at the Mid Row.

Front Lat Pulldown

This exercise targets the muscles of the back, particularly mid and down the sides of the back, plus the biceps muscles at the front of the arms. Start with hand-grip wide and body seated with knees under support. Start in stretched arm position then pull bar to touch the top of the chest (shoulders pulled back, chest arched out). Choose a weight you can do 10-15 repetitions while maintaining good technique. Speed of exercise is 2 secs on pull and 3 on return. Breathe out as you pull down (as the weight goes up).

Underhand Pulldown

This exercise also targets the muscles of the back and biceps and resembles the underhand pull up exercise. Start with an underhand hand-grip about shoulder width apart and body seated with knees under support. Start in stretched arm position then pull bar to under the chin. This exercise can be a more comfortable "pulldown" option for some people who have restricted shoulder movement.

Have fun!
Toni

What's on offer at the Club

The Committee and Club Management are just over half-way through the collation of the extremely valuable comments received in the questionnaire following the recent survey. It is surprising how often the Club's facilities and services are unrecognised with Members not being fully aware of what their Club has to offer and can do for them and their guests. Over the next few months Members will find regular reminders of these services, facilities and amenities in this new column. This month commences with:

Accommodation

The Club prides itself on its 10 bedrooms which are available seven days a week for Members, their spouse/partner, their guests or colleagues and for Members of reciprocal Clubs and their guests. Seven bedrooms are located on level 4: two of these contain twin beds the other five are furnished with Queen sized beds. A further, three bedrooms, slightly larger in size, are located on level 6.

Each bedroom includes digital SKY Television, tiled bathroom, minibar, iron and ironing board, bathrobes, in-room safe, phone, writing desk and access to the Club's high speed internet. The nightly room rate includes breakfast, secure car parking in the basement as well as all taxes. The same rate applies for single or double occupancy. All houseguests can have access to the Club 24 hours a day. Being a Members-only Club, everyone can be assured of a level of privacy and confidentiality that no hotel can guarantee.

Please feel free to contact staff to show you around and update you on the Club's elegant and modern bedrooms.

Please remember that the Member hosting a guest in the accommodation is not required to be staying at the Club at the same time.

Members and their guests can split their lunch and dinner à la carte accounts evenly by using EFT/POS.

Wine News

EXCLUSIVELY FOR CLUB MEMBERS FOR NOVEMBER	YEAR	CASE	BOTTLE
White Rock Sur Lie Pinot Gris Hawke's Bay "Sur Lie" is the French way of saying that a wine has been naturally aged on the yeast that builds up during fermentation. Ageing wines this way for a few months helps them gain complexity. Because "Sur Lie" wines are bottled without racking (a process for filtering the wine), they have an added freshness and creaminess. That's why we age the "Sur Lie" Pinot Gris this way. It's fresh and peachy with a rich, creamy texture that lingers on the palate. Goes down a treat with chicken and seafood.	2006	$175.80	$14.65
Red Rock Underarm Syrah Hawke's Bay The Underarm tells all Australians that we have long memories regarding a certain cricket match, and that New Zealanders will continue to endeavour to get one back on our cousins across the ditch. The Syrah that New Zealand produces should not however be confused with Australian Shiraz as they are very different styles of wine. The Underarm is a strong wine with loads of pepper and spice to interest the drinker. It is not however sweet or juicy. What it does have is fantastic flavours and length that should please any Syrah enthusiast.	2006	$202.20	$16.85
Mud House Swan Reserve Marlborough Chardonnay Straw yellow in colour, this Chardonnay has intense, complex aromas of melon, mandarin, peach and mango combined with subtle notes of cashew. The palate is elegant and lingering with flavours of citrus and stonefruit. Great served lightly chilled with grilled chicken and mango salsa.	2005	$231.60	$19.30
Mud House Marlborough Sauvignon Blanc A crisp, fresh Sauvignon with flavours of passion fruit and gooseberry. These tropical flavours blend beautifully with citrus and nettle notes and the zingy acid gives way to a long balanced finish. A wonderful partner to seared New Zealand scallops with salad.	2008	$190.20	$15.85
The following great value Club House Wines are also always available:			
Grove Mill Marlborough Sauvignon Blanc		$182.40	$15.20
Matua Matheson HB Chardonnay (six pack)		$107.10	$17.85
Te Mata Woodthorpe Shiraz		$223.20	$18.60
Drylands Marlborough Pinot Noir (six pack)		$112.20	$18.70

Remember that you can also purchase all your spirits and beer from your Club. Delivery can be arranged. Allow 7-10 days for availability. Return the enclosed order form.

Chef's Corner

Several Members who attended a recent Club Function have called us at the Club wanting to find out the secrets in our cauliflower soup. Well, it's not a secret; here is the recipe (for approx. 8):

Ingredients:

1 cauliflower chopped
2 onions sliced
1 leek (white part only) sliced
4 cloves of garlic (NZ) minced
Pinch of salt
1 ltr cream
1 ltr stock (chicken)

Method:

Sweat vegetables until tender without colour; add stock, simmer for 10 minutes, add cream, simmer, puree and pass through a fine sieve, correct seasoning as required with nutmeg and/or mace, garnish with chives and truffles. – Serve and enjoy.

Bon appetit

Senior Members' Lunch

The next monthly luncheon for senior Members (65 years and over) will be held on:

Wednesday 3 December 2008
Guests of Members welcome.
12.00 for 12.40pm

Women's Luncheon

Every first Thursday of the month, women Members meet for lunch. Please feel free to invite a guest or two to come along. Please call Jane Wells if you would like to be included in the monthly e-mail reminder for the luncheon.

Make a note in your diary for:

Thursday 4 December 2008, 12.30 for 1.00pm

Reciprocal Clubs

The Wellington Club has been advised that the **Chicago Athletic Association** is no longer in existence. This means that unfortunately our Members can no longer use the facilities of this Club.

The Wellington Club has also been advised of the complete closure temporarily of the **Beijing American Club** due to comprehensive renovations of that Club. This closure will be in place until further notice.

CHESS AT THE CLUB

The next chess evening is on Tuesday 25 November 2008

These popular evenings commence with drinks (sign chits) and a three-course dinner followed by two hours of Chess which gives everybody the chance to play two or three games with different opponents. Supper is served afterwards. The Club prides itself on its unrivalled playing conditions, a cause of very positive comment by many Members.

So come to the Club and enjoy a challenging evening on Tuesday 25 November 2008.

Cost is only $37.50 per person. Members are encouraged to bring along friends as their guests.

Time : 6.15pm Drinks (own account) and Dinner followed by Chess and Supper
Dress : Jacket and Tie
Cost : $37.50 p.p.

Make your booking by phoning the Office on 472 0348

The Wellington Club | 88 The Terrace | PO Box 10-129 | Wellington 6143, New Zealand
Telephone 04 472 0348 | Facsimile 04 472 2475
e-mail info@wellingtonclub.co.nz | web site www.wellingtonclub.co.nz

Members and their guests can split their lunch and dinner à la carte accounts evenly by using EFT/POS.

The Wellington Club

PO BOX 10-129, TELEPHONE 472 0348, FACSIMILE 472 2475, WELLINGTON 6143

Members are invited to provide the Secretary Manager with their e-mail addresses for "last minute reminders" for Club Functions.
Please forward to: juergen@wellingtonclub.co.nz

RSVP:

Scottish Night

Wednesday 26 November 2008

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(Member's name) (Club No) (e-mail voluntary) (Places) (Telephone)

RSVP:

Thursday Theme Luncheon: *Russia - The Far East/Siberia*

Thursday 27 November 2008

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(Member's name) (Club No) (e-mail voluntary) (Places) (Telephone)

RSVP:

Family Christmas Dinner

Tuesday 9 December 2008

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(Member's name) (Club No) (e-mail voluntary) (Places) (Telephone)

November Wine Specials: *Please reserve the following WINE*

	YEAR	CASES	BOTTLES	No. PACKS	No. BOTTLES
White Rock Sur Lie Pinot Gris Hawke's Bay	2006	$175.80	$14.65		
Red Rock Underarm Syrah Hawke's Bay	2006	$202.20	$16.85		
Mud House Swan Reserve Marlborough Chardonnay	2005	$231.60	$19.30		
Mud House Marlborough Sauvignon Blanc	2008	$190.20	$15.85		
Club House Wines:		CASES	BOTTLES	No. CASES	No. BOTTLES
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Matua Matheson HB Chardonnay (six pack)		$107.10	$17.85		
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(Member's name) (Club No) (e-mail voluntary) (Telephone)