The Wellington Club

CLUB NEWS

FEBRUARY 2009

DIARY DATES

FEBRUARY 2009

- Bridge Afternoon — Monday 16
- BYO Wine Appreciation Dinner — Wednesday 25
- Last Friday Drinks — Friday 27

MARCH 2009

- Bridge Afternoon — Monday 2
- Golf Tournament at The Royal Wellington Golf Club — Monday 2
- Seniors' Luncheon — Wednesday 4
- Ladies' Luncheon — Thursday 5
- Bridge Afternoon — Monday 16
- Shakespearean Evening — Tuesday 17
- Wairarapa Harvest Festival — Saturday 21
- Club Art Evening (T.B.C.) — Thursday 26
- Last Friday Drinks — Friday 27

APRIL 2009

- Seniors' Luncheon — Wednesday 1
- Goodwin Cup Snooker & Prize Giving — Wednesday 1
- Ladies' Luncheon — Thursday 2
- Daylight Saving Ends — Sunday 5
- Bridge Afternoon — Monday 6
- Good Friday - Club and H&F Centre Closed — Friday 10
- Easter Sunday - Club and H&F Centre Closed — Sunday 12

BYO Dinner with Brett Newell

The first Club Function of the New Year will follow the Club's tradition of a "bring-your-own-wines" dinner on

Wednesday 25 February 2009

As in previous years, Committee Member Brett Newell will review Members' wines that vary greatly and often receive favourable, as well as sometimes hilarious, comments. This evening always proves very enjoyable due to Mr Newell's vast knowledge of the wines of the world. The Club is very privileged to have Brett Newell assisting as the MC at these dinners.

Look through your wine cellar and consider your choice to match the following menu:

Salad of Atlantic King Crab and Avocado on a tomato vinaigrette

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Gooseberry Granita

***

Slow Roasted Cervena Shortloin with an aubergine tian, spinach, fricassée of exotic mushrooms and a smoked garlic confit-cream

***

Caramelised Peach with pashka and ginger melting moments

***

Tea, Coffee

Members will be welcomed with a glass of Sherry in the Club bar beforehand and staff will take care of their bottles and ensure to have them placed at the correct tables.

• Good Food • Good Wine • • Good Fun •

Time : 6.30pm Arrival and Sherry
6.45pm BYO Dinner
Dress : Jacket and Tie, Evening Wear
Cost : $45.00 p.p.

wairarapa WINES HARVEST FESTIVAL

Celebrating the finest local wine & food

Saturday 21 March

The Wellington Club has obtained 62 tickets for this wine festival which provides an exciting alternative to the Martinborough Food, Wine and Music Festival. Differing from the latter, this event will be held at "The Cliffs", a spectacular riverside setting on the banks of the Ruamahunga River in the popular wine growing area of Gladstone's Dakins Road in the heart of rural Wairarapa.

The Club package includes tickets to the event, the return train trip from Wellington to Carterton plus the shuttle service which will run to and from the festival site at the beginning and at the end of the day connecting with the Tranz Metro train service from and to Wellington.

A total of 24 exhibitors representing Wairarapa's finest wineries, high profile restaurants and food producers will be showcasing their produce.

Please note: There will be no 'Festival Francs' required on site. Cash and EFT-POS are accepted throughout the venue and some exhibitors also accept credit card payment.

Numbers are limited to the first 62 and registrations must be received by 4.00pm Friday 27 February 2009.

Depart Wellington Railway Station: 9.55am
Arrive Carterton: 11.14am, followed by transfer to "The Cliffs"
Depart "The Cliffs": approx. 4.00pm
Depart Carterton Railway Station: 5.05pm
Arrive Wellington Railway Station: 6.25pm
Further stops on the way to embark or disembark are at Petone, Waterloo and Upper Hutt.

Dress : Casual with sun protection
Cost : $55.00 p.p. inclusive tickets and transport

MEMBERS AND THEIR GUESTS CAN SPLIT THEIR LUNCH AND DINNER À LA CARTE ACCOUNTS EVENLY BY USING EFT/POS.

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PRESIDENT'S COLUMN

The Committee trusts that Members and their families enjoyed a happy Christmas and New Year break.

The following Members were honoured in the New Years Honours list:

C.N.Z.M.
Dr Meredith Jane Hunter, O.B.E.

O.N.Z.M.
Dr William Alexander Robertson

M.N.Z.M.
Mr Graeme John Horsley

The Committee looks forward to an active year in the Club, and the Functions Committee has prepared a schedule of varied functions for the coming year, of which details are in this newsletter. Highlights in the initial part of the year include:

Wednesday, 25 February
BYO Wine Appreciation Dinner

Monday, 2 March
Golf Tournament at the Royal Wellington Golf Club

Tuesday, 17 March
Shakespearean Evening

Saturday, 21 March
Wairarapa Harvest Festival

Thursday, 26 March
Club Art Evening

Wednesday, 1 April
Goodwin Cup Snooker Evening

The Committee, in early February, is to review the survey of Members carried out last year and will report back to you after the review.

The death of Mr S D McCrone, JP, KSS is noted with regret.

Dan Stevenson, President

The Ides of March
A Shakespearean Evening

Tuesday 17 March 2009

An Elizabethan-themed soirée in association with - and support of Shakespeare Globe Centre New Zealand.

For the first time at the Wellington Club, actors will entertain Club Members between courses by reciting and portraying famous Shakespearean scenes. Club Member and Member of Parliament the Hon. Chris Finlayson will introduce the evening to Members and guests.

The following artists have been invited and subject to confirmation will be present:

Peter Vere-Jones, Peter Hambleton, Jonathon Hendry, Robyn Malcolm, Angela Green, Kieran Rayner, Isaac Stone, Allan Maruera Henry and Arthur Meek as well as other SGCNZ Alumni depending on their availability.

All in all an event of quality entertainment!

Please note your diary now. The cost is set at $75.00 per person, which includes a donation to the Shakespeare Globe Centre New Zealand.

Please do not delay your booking as the Club has already received numerous bookings for this novel event. Requests for individual tables of eight or more will be accommodated. Guests of Members are welcome!

Time : 6.30pm for 7.00pm
Dress : Jacket and Tie, Evening Wear
Cost : $75.00 p.p.

The Goodwin Snooker Cup Tournament and Annual Prize Giving

Wednesday 1 April 2009

With only one or two outstanding finals, the various 2008 competitions have been decided. The Winners will be announced and prizes presented to the successful competitors.

Members are encouraged to make bookings now for this popular annual event. As usual, the field is limited to 32 players but it would be desirable to have one or two players available to make up a full field in case of short-notice cancellations.

Time : 6.00pm Arrival and Drinks
6.15pm Presentation of the 2008 Championship Trophies
6.30pm Snooker and Dinner
9.00pm Supper
Cost : $42.00 p.p. including prizes, drinks before and during dinner, dinner and supper

The Annual Wellington Club Golf Tournament at The Royal Wellington Golf Club

Monday 2 March 2009

Registrations for this annual event are now invited. All registrations must be received by Thursday 26 February 4.00pm.

Please note that this function will only be announced in this newsletter.

The format will be the same as in previous years with three categories of players: Men, Women and Mixed. Members' spouses are welcome to participate. Please ensure to nominate your preferred category on the attached RSVP form.

The competition will consist of:
- Individual and Team Stableford
- Closest to the pin and longest drive

And as always, the De Gruchy 'Veterans' Cup (men only) will be played for those who do not feel fit enough to play the whole 18-hole course.

Details for the day, including the draw, will be mailed to competitors on Friday 27 February.

Time : 11.00am Arrival and Drinks
11.30am Buffet Lunch
12.30pm Start of Tournament
4.30pm approx. Small Supper and Prize Giving
Dress : The dress code of the RWGC applies
Cost : $65.00 for Members of the RWGC
$110.00 for non-Members of the RWGC (includes the green fee)

Last Friday Drinks

Friday 27 February 2009

The Committee would especially like to welcome Members who have not attended this function before – it is open to all Members, their friends and guests!

Please advise Jane Wells if you would like to stay for supper as we have recently experienced a very heavy demand on the food – simply because it is of such good quality and value!

Time : from 5.00pm onward to 6.30pm approx.
Supper : Available from 6.30pm
Venue : Members' Bar Level 6
Dress : Jacket and Tie optional
Tidy Casual (no denims)
Cost : Drinks; Supper if requested

Please advise the Secretary Manager if you wish to be added to the e-mail reminder of this function or of any additional names you would like to be included.

Members and their guests can split their lunch and dinner à la carte accounts evenly by using EFT/POS.

Health & Fitness Centre News

Happy New Year and welcome back! I hope you have all had a wonderful break from your 'through the year' routines and enjoyed getting out and about in the summer weather. Remember it is important to start back at a level and pace that is comfortable dependent on how active you have been over the past month or so.

This is also a great time to see where you are at and to get a regular routine underway or continuing. If you haven't had a Fitness Appraisal for some time then book in with me so we can check your current fitness levels and go on to review and upgrade your exercise programme. Aim to keep your programme fresh and interesting!

Remember that massage sessions are available for relaxation or for any niggles, aches and injuries.

A welcome back to Kristjian! Following reattachment surgery of his patella (knee) tendon last year, Kristjian is back to take Members for Personal Training.

Walk in the Park

A new and exciting series! Starting with exploring the new developments inside Karori Sanctuary, then, later, seeing the Sanctuary from the outside perimeter. We will head out to Battle Hill to see the upgraded information panels telling of the famous battle for which the farm is named. Then two walks I have been wanting to explore for some time: a guided walk in the Wainuiomata Water Collection area and the wonderful Pencarrow Lakes out by the Pencarrow Lighthouse. Finishing with a long but easy trek over the Rimutaka Incline. We will go to a café after each of the walks. Partners and friends are encouraged to join. The emphasis is on enjoying the company of others while exercising and seeing more of our beautiful region.

Put the following dates in your diary and refer to the enclosed 'Walk in the Park' information sheet for further details:

Walk 1: Thursday 12 February – Karori Wildlife Sanctuary: meet 10am in the Karori Sanctuary carpark at the end of Waiapu Rd. Walk will include the new bridge, 2 – 2 ½ hours easy.

Walk 2: Thursday 5 March – Battle Hill: meet 9.30am in the Battle Hill Farm Forest car park, 6km from Pauatahanui shops along Paekakariki Hill Rd. View the new history panels telling of the famous battle, 2 – 2 ½ hours (combine 2 different walks).

Walk 3: Thursday 19 March – Wainuiomata Water Collection Area Guided Walk: meet 9am. Book at reception as numbers are limited.

Walk 4: Thursday 2 April – Karori Sanctuary – round the outer fence, 11.7km of hilly terrain.

Walk 5: Thursday 16 April – Pencarrow Lakes Walk – pristine wetlands, beautiful lakes and stunning views. Includes bus ride from the end of Murutai Rd, Eastbourne to start of walk and return. Book at reception as numbers are limited.

Walk 6: Thursday 30 April – Rimutaka Rail Trail, 17km – long but easy terrain.

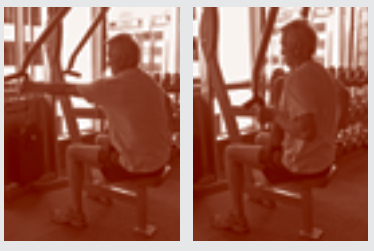
Walk Cost: $8 for non-Health & Fitness Centre members, partners/friends, plus individual café lunch costs. See separate costs for the Karori Wildlife Sanctuary entry, Pencarrow Lakes and Rimutaka Rail Trail.

It is essential that you register through reception for each of the walks. Numbers are limited for the Wainuiomata Water Collection and the Pencarrow Lakes walks. I look forward to seeing you there!

Mid Row Machine - Exercise Machine 4

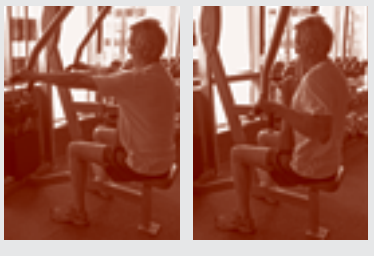
The November 08 newsletter included the Front Lat Pulldown. On the same machine is the Mid Row exercise.

Mid Row



This exercise targets the muscles of the back, particularly mid back and posterior shoulders. Start with a horizontal hand-grip, body seated with knees under support, chest against support. Start in stretched arm position then pull bar back towards you, (shoulders pulled back, chest arched out). Choose a weight you can do 10-15 repetitions while maintaining good technique. Speed of exercise is 2 secs on pull and 3 on return. Breathe out as you pull towards you.

Single Arm Mid Row



This exercise also targets the muscles of the back but adds a small twist of the upper body. Start with one hand on one of the vertical hand-grips and the other hand behind your back. Keep your hips squared but twist your upper body slightly as you pull the bar back towards you. Keep posture upright and controlled throughout. Do the same repetitions, speed of exercise and breathing as for the Mid Row.

All the best for a fabulous 2009! *Toni*

What's on offer at the Club

Charging Procedures

Members are reminded that the Club has EFT-POS processing facilities on each floor to enable lunch and dinner guests to evenly split their bill. This facility was implemented to make it possible for non-Members to pay "their share" of a meal should they wish to do so. In addition, Members may pay their Club accounts using EFT-POS.

Cash payments are only possible under certain circumstances as it is against Club ethos to hand out cash in the Club environment. Please be mindful that the Club normally does not carry any cash at the Office therefore no change can be given.

Credit Card payment is only acceptable for overseas Members and guests from reciprocal Clubs. Wellington Club Members (except overseas residents) cannot pay their accounts or part of them with a credit card.

Club membership is on a personal basis only and the Club Member is personally responsible for the timely payment of invoices when the Member is hosting his/her company's function at the Club.

Visiting Members and guests are reminded that the Wellington Club does not at present charge a reciprocal surcharge on any of the services provided. A different room rate is applicable for non-Members of the Wellington Club.

All prices quoted are always inclusive of all taxes.

Members and their guests can split their lunch and dinner à la carte accounts evenly by using EFT/POS.

WINE NEWS

Eight years ago, the Lawson family purchased a small hillside farm within the famous Gimblett Gravels sub region of Hawke's Bay. Their sole intention was to establish a terraced hillside vineyard producing limited quantities of premium wine. The harsh sun baked environment ensures their vines' struggle, and results in low yields of intensely flavoured grapes. The name is evocative of the Cypress studded hillside vineyard.

EXCLUSIVELY FOR CLUB MEMBERS FOR FEBRUARY	YEAR	CASE	BOTTLE
Cypress Chardonnay A classic rich dry Hawke's Bay style Chardonnay showing tropical fruits and lightly toasted oak. Lifted acidity on the finish makes this wine a great complement to food while ensuring it is not too heavy to be enjoyed on its own.	2007	$200.40	$16.70
Cypress Pinot Gris Scented with nectarine kernel, guava and soft, powdery confection, this Pinot Gris is clean and refreshingly off-dry. It boasts a lingering citrus tang and solid, tongue-tingling minerality to finish.	2008	$261.60	$21.80
Cypress Merlot Ridiculously ripe fruit coupled with minimal handling in the winery has resulted in a rich, dark, fleshy wine displaying chocolate and earthy flavours.	2007	$200.40	$16.70
Cypress Syrah Hand picked fruit was basket pressed to provide gentle extraction resulting in an intensely soft mouth-filling wine with an attractive lifted fragrance of violets and spices.	2007	$261.60	$21.80
The following great value Club House Wines are also always available:			
Grove Mill Marlborough Sauvignon Blanc		$182.40	$15.20
Te Mata Woodthorpe Syrah		$223.20	$18.60
Drylands Marlborough Pinot Noir (six pack)		$112.20	$18.70

Remember that you can also purchase all your spirits and beer from your Club. Delivery can be arranged. Allow 7-10 days for availability. Return the enclosed order form.

DIARY DATES CONT

APRIL CONTINUED

Easter Monday - Club and H&F Centre Closed
Monday 13

Bridge Afternoon
Monday 20

Combined Services Dinner (T.B.C.)
Thursday 23

Last Friday Drinks
Friday 24

ANZAC Day - Club and H&F Centre Closed
Saturday 25

Wine Appreciation Dinner with "Te Mata" Wines
Thursday 30

Senior Members' Lunch

The next monthly luncheon for senior Members (65 years and over) will be held on:

Wednesday 4 March 2009
Guests of Members welcome.
12.00 for 12.40pm

Women's Luncheon

Every first Thursday of the month, women Members meet for lunch. Please feel free to invite a guest or two to come along. Please call Jane Wells if you would like to be included in the monthly e-mail reminder for the luncheon.

Make a note in your diary for:

Thursday 5 March 2009,
12.30 for 1.00pm

CHESS AT THE CLUB

The next chess evening is on Tuesday 24 February 2009

These popular evenings commence with drinks (sign chits) and a three-course dinner followed by two hours of Chess which gives everybody the chance to play two or three games with different opponents. Supper is served afterwards. The Club prides itself on its unrivalled playing conditions, a cause of very positive comment by many Members.

So come to the Club and enjoy a challenging evening on Tuesday 24 February 2009.

Cost is only $37.50 per person. Members are encouraged to bring along friends as their guests.

Time : **6.15pm Drinks (own account) and Dinner followed by Chess and Supper**
Dress : **Jacket and Tie**
Cost : **$37.50 p.p.**
Make your booking by phoning the Office on 472 0348

Bridge Interest Group

The Club used to be the host and venue for regular Bridge afternoons. It is intended to revive this old tradition and the following is proposed:

To create a regular Bridge function which is open to Members and guests, who would meet at 12.30pm every first and third Monday at the Club in the Ante Room for a pre-luncheon drink before moving through to the buffet in the main dining room at about 12.45pm.

Bridge would start at 1.30pm and be played until about 5.00pm.

These afternoons are not planned to be tournaments or a competition but are catering to all levels of players and in particular to those who want to learn this century-old game.

The Club will provide cards, tables, scorers and pencils.

There is no charge for the game afternoon, other than the drinks and buffet beforehand.

The next Bridge afternoon will take place on Monday the 16th of February and again on March 2nd and 16th. Please advise the Club's Office (phone 472 0348) by 11.00am on that Monday of your attendance.

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TELEPHONE 04 472 0348 | FACSIMILE 04 472 2475
E-MAIL INFO@WELLINGTONCLUB.CO.NZ | WEB SITE WWW.WELLINGTONCLUB.CO.NZ

MEMBERS AND THEIR GUESTS CAN SPLIT THEIR LUNCH AND DINNER À LA CARTE ACCOUNTS EVENLY BY USING EFT/POS.

The Wellington Club

PO BOX 10 129, TELEPHONE 472 0348, FACSIMILE 472 2475, WELLINGTON

Members are invited to provide the Secretary Manager with their e-mail addresses for 'last minute reminders' for Club Functions.
Please forward to: juergen@wellingtonclub.co.nz

RSVP:

B.Y.O. Wine Appreciation Dinner with Brett Newell

Wednesday 25 February 2009

..... (Member's name) ..... (Club No) ..... (e-mail voluntary) ..... (Places) ..... (Telephone)

RSVP:

Golf Tournament at The Royal Wellington Golf Club

Monday 2 March 2009

☐ 18-hole tournament ☐ 9-hole tornament My official golf handicap is: _____

I am a member of RWGC ☐ YES ☐ NO

I would like to play in the following category ☐ MEN ☐ WOMEN ☐ MIXED

..... (Member's name) ..... (Club No) ..... (e-mail voluntary) ..... (Places) ..... (Telephone)

RSVP:

Shakespearean Evening - The Ides of March

Tuesday 17 March 2009

..... (Member's name) ..... (Club No) ..... (e-mail voluntary) ..... (Places) ..... (Telephone)

RSVP:

Wairarapa Harvest Festival

Saturday 21 March 2009

..... (Member's name) ..... (Club No) ..... (e-mail voluntary) ..... (Tickets) ..... (Telephone)

RSVP:

Goodwin Snooker Tournament and Prize Giving Dinner

Wednesday 1 April 2009

..... (Member's name) ..... (Club No) ..... (e-mail voluntary) ..... (Places) ..... (Telephone)

February Wine Specials: *Please reserve the following WINE*

	YEAR	CASES	BOTTLES	No. PACKS	No. BOTTLES
Cypress Chardonnay	2007	$200.40	$16.70		
Cypress Pinot Gris	2008	$261.60	$21.80		
Cypress Merlot	2007	$200.40	$16.70		
Cypress Syrah	2007	$261.60	$21.80		
Club House Wines:		CASES	BOTTLES	No. CASES	No. BOTTLES
Grove Mill Marlborough Sauvignon Blanc		$182.40	$15.20		
Te Mata Woodthorpe Shiraz		$223.20	$18.60		
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..... (Member's name) ..... (Club No) ..... (e-mail voluntary) ..... (Telephone)